





INTERNATIONAL SCIENTIFIC CONGRESS SPORTS, OLYMPISM, HEALTH'

8th Edition



THE INTERNATIONAL SCIENTIFIC CONGRESS "SPORTS, OLIMPYSM, HEALTH" (SOH 2023)

28-30 September 2023 - Chisinau, Republic of Moldova



PANELS:

Olympism and Olympic movements. Philosophical, socio-economic, legal, and management insights into physical culture

Sports in education. The professional training of teachers

Innovative technologies and the scientific and methodical fundaments of the contemporary training system of athletes

Sports medicine, kinesiotherapy and recreational physical culture

WORKSHOP

Sports, Health, and Fitness (ICCR 2023)

WORKSHOP

Ultrasonographic examination in musculoskeletal disorders

The State University of Physical Education and Sports, one of the most dynamic higher education institutions from the Republic of Moldova, in partnership with the Cross-Border Faculty of the "Dunărea de Jos" University of Galati, Romania, has the pleasure of inviting you to the International Scientific Congress "Sports, Olympism, Health", to be held during 28-30 of September, 2023.





The International Scientific Congress "Sports, Olympism, Health" (SOH 2023) is an event that reached its 8th edition, aiming to bring together specialists and researchers in physical education and sports, health, kinesiotherapy, sports medicine, Olympism, recreational physical culture, and to facilitate academic cooperation, best practices exchange, thus leading to innovation.

Organizing institution:

The State University of Physical Education and Sports, Republic of Moldova **Partner:**

Cross-Border Faculty, "Dunărea de Jos" University of Galați, Romania

Venue of the event: Chisinau

Languages of the scientific papers: English, Romanian, Russian

Presentation duration: no longer than 15 minutes **Scientific paper presentation form:** ORAL / POSTER

Abstract submission deadline (in English): 11.08.2023, to the e-mail address

congresusefs@gmail.com

SCIENTIFIC COMMITTEE

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State University of Physical Education and Sports, Republic of Moldova

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Assoc. Prof. PhD. Natalia NASTAS, State University of Physical Education and Sports

Junior Lecturer Ecaterina LUNGU, State University of Physical Education and Sports

The accommodation and meals shall be covered by the participants. Please check the university's website for the congress programme: www.usefs.md.

We are looking forward to your participation!







DAY 1

Registration & Plenary sessions





DAY 2

Keynote speakers



Branislav Antala Slovakia









DAY 3

Keynote speakers











Event organized by the State University of Physical Education and Sport, Republic of Moldova in partnership with the Cross-Border Faculty of the "Dunarea de Jos" University of Galati, Romania.





CONFERENCE STRUCTURE

THURSDAY, September 28, 2023

Welcome Day

FRIDAY, September 29, 2023

9:00 a.m. Registration of participants

10:30 a.m. Opening Session

11:00 a.m. Keynotes Presentations

2:00 p.m. Lunch break

3:00 p.m. Parallel Panels / Workshops

7:00 p.m. Gala Dinner

SATURDAY, September 30, 2023

10:00 a.m. Keynotes Presentations

12:00 a.m. Parallel Panels

2:00 p.m. Closing Session





FRIDAY, September 29, 2023

9:00 a.m.

Registration of participants

10:30 a.m.

Conference opening ceremony

Prof. dr.hab. Viorel DORGAN

Rector of State University of Physical Education and Sport, Republic of Moldova

Assoc. prof. dr. Gina Aurora NECULA

Dean of Cross-Border Faculty, "Dunarea de Jos" University of Galati, Romania

Sergiu GURIN

Secretary of state for youth and sports, Ministry of Education and Research of the Republic of Moldova

Nicolae JURAVSCHI

President of the National Olympic and Sports Committee of the Republic of Moldova





11:00 a.m. – 2.00 p.m.

Keynotes Presentations

Moderator: Liliana Budevici-Puiu

| David Wallechinsky, | President of the International Society of | |
|--------------------------|---|--|
| United States of America | Olympic Historians | |
| | l | |
| Branislav Antala, | Comenius University of Bratislava, | |
| Slovakia | Faculty of Physical Education and | |
| | Sports; | |
| | FIEPS World Vice-President | |
| | | |
| Dario Novak, | University of Zagreb, Faculty of | |
| Croatia | Kinesiology; | |
| | FIEPS Europe President | |
| | | |
| Marina Bulatova, | National University of Physical | |
| Ukraine | Education and Sport, Kiev; | |
| | Olympic European Academy Vice- | |
| | President; | |
| | President of Ukrainian Olympic | |
| <u>i</u> | Academy | |
| | | |
| Vladimir Platonov, | National University of Physical | |
| Ukraine | Education and Sport, Kiev | |
| | | |
| Ioannis Barbas, | Democritus University of Thrace; | |
| Greece | School of Physical Education and Sports | |
| • | | |
| | Science; | |





3:00 p.m.

Panels / Workshops

Olympism and Olympic movements. Philosophical, socio-economic, legal, and management insights into physical culture (conference room no. 136)

Moderators: Gheorghe Braniște Victoria Lesco

Ababei C. (Romania)

UNDERSTANDING THE OLYMPIC PHENOMENON THROUGH THE OLYMPIC CIRCLES AT SCHOOL LEVEL

Ababei R., Ababei A. (Romania)

STUDY ON THE ROLE OF ROMANIAN OLYMPIC CHAMPIONS' MODELS IN ACHIEVING OLYMPIC EDUCATION

Braniște G. (Moldova)

CONTEMPORARY ENVIRONMENTAL CHALLENGES IMPACTING THE OLYMPIC LEGACY

Budevici-Puiu A., Grosul V. (Moldova)

MANAGERIAL BASES REGARDING THE COMBATING OF DOPING IN PERFORMANCE SPORTS

Budevici-Puiu L., Berzoi R. (Moldova) SPECIFICITY OF ARBITRATION IN SPORTS LAW

Grimalschi T. (Moldova)

THE EPISTEMIC FIELD OF THE SCIENCE ART OF MUSCULAR AND ENERGY-INFORMATION TESTING IN PHYSICAL EDUCATION AND SPORTS





Grosu V., Ivanov V., Gorea T. (Moldova)

ANALYSIS OF THE COMPETITIVE ACTIVITY OF THE ORIENTAL KICKBOXING NATIONAL FEDERATION (K-1) FROM THE REPUBLIC OF MOLDOVA AT THE NATIONAL CHAMPIONSHIPS DURING THE 2017-2020 PERIOD

Krol I., Yermolova V., Radchenko L., Dotsenko L. (Ukraine)
THE CULTURAL HERITAGE OF THE OLYMPIC MOVEMENT AS AN
IMAGINARY AND MEANINGFUL SUPPORT IN THE SYSTEM OF
TEACHING HUMANITIES SUBJECTS AT SECONDARY SCHOOL

Nastas N., Lungu E., Putin N. (Moldova) NEW IMPACT IN SPORTS CORRUPTION

Nedelcu R.I. (Romania)

STUDY ON THE SOCIO-AFFECTIVE CLIMATE OF ADOLESCENT STUDENTS

Onoi M. (Moldova)

THE ROLE OF CENTRAL AND LOCAL AUTHORITIES IN THE REPUBLIC OF MOLDOVA ON THE SUSTAINABLE DEVELOPMENT OF SPORTS TOURISM

Patraș S. (Moldova)

CHILD PROTECTION IN SPORT FOR SPORTS COACHES

Popescu V. (Romania)

THE STUDY ON THE CORRELATIVE ANALYSIS OF FAIR-PLAY IN SPORTS AND SOCIETY

Stoica D. (Romania), Jurat V. (Moldova)

MOTIVATION, THE ESSENTIAL COMPONENT OF CONTINUOUS PSYCHOMOTRICAL, PROFESSIONAL BONDING OF THE MILITARY



Sports in education. The professional training of teachers (conference room no. 136)

Moderators: Victor Buftea
Carolina Moga

Antala B. (Slovakia)

QUALITY PHYSICAL EDUCATION AND TANDEM TEACHING IN SLOVAK ACTIVE SCHOOLS

Bragarenco N. (Moldova)

THE EFFICIENCY OF MODULARIZATION IN PHYSICAL EDUCATION DISCIPLINE WITHIN HIGHER EDUCATION INSTITUTIONS

Buftea V., Rusnac F., Pîrău S. (Moldova)

CORRECTNESS – A DETERMINING FACTOR IN THE TRAINING ACTIVITY OF PHYSICAL EXERCISES

Carp, I., Sîrghi, S. (Moldova)

PREPARATION OF THE PHYSICAL EDUCATION AND SPORT FACULTY STUDENTS FOR THE SCIENTIFIC RESEARCH ACTIVITY

Chiorcea R.M. (Romania)

THE TEACHER'S ROLE IN TRAINING THE SCHOOL'S REPRESENTATIVE VOLLEYBALL TEAM

Lesco V. (Moldova)

ATTITUDE OF PARENTS AND SCHOOL-AGE STUDENTS TOWARDS PHYSICAL EDUCATION AND HEALTHY LIFESTYLE

Lungu A.-C. (Romania)

STUDY ON THE ORGANIZATION OF THE HYBRID EDUCATIONAL SYSTEM AT THE PRIMARY CYCLE - INVESTIGATIVE APPROACH





Macovei R.-A., Popescu V. (Romania)

INTERDISCIPLINARY APPROACHES IN DEVELOPPING STRENGHT OF PRIMARY LEVEL STUDENTS

Mîrşidan D.G. (Romania)

DEVELOPMENT OF COORDINATION SKILLS IN THE FRAMEWORK OF THE PHYSICAL EDUCATION AND SPORTS LESSON

Moga C. (Moldova)

COMPARATIVE ANALYSIS OF THE RESULTS OF THE REPUBLICAN PHYSICAL EDUCATION OLYMPIAD, 2022, 2023 EDITIONS

Moroșanu A. (Romania)

INFLUENCE OF MOTOR CAPACITIES THROUGH MINIHANDBALL TRAINING IN PRIMARY SCOOL CHILDREN SELECTED IN THE REPRESENTATIVE TEAM OF THE SCOOL

Nastas N., Filipov V., Arsene I., Lungu E. (Moldova)

THE METHODOLOGY EFFICIENCY OF INTENSIFYING THE INSTRUCTIONAL-EDUCATIONAL PROCESS IN THE PHYSICAL EDUCATION LESSONS WITH THE HELP OF FUNCTIONAL MUSIC IN DOING HOMEWORK

Petre D.I. (Romania)

STUDY ON THE LEVEL OF MOTIVATION FOR SWIMMING AT THE AGE OF 9-10 YEARS

Razmireţ V., Goncearuc S. (Moldova)

THE DEVELOPMENT OF EMOTIONAL INTELLIGENCE WITHIN THE SPORT OF JUDO DURING THE ADOLESCENT PERIOD

Rîșneac B. (Moldova), Pasăre D. (Romania), Rîșneac E. (Moldova) THE IMPORTANCE OF DEVELOPING THE PSYCHOMOTOR SKILLS OF YOUNG SCHOOL-AGE CHILDREN THROUGH THE MEANS OF MUSIC AND MOVEMENT





Scobioală G. (Moldova)

PLANNING THE PROCESS OF TRAINING PSYCHOMOTRICAL SKILLS FOR STUDENTS OF THE FACULTY OF SECURITY SCIENCES WITHIN THE FRAMEWORK OF PROFESSIONAL-APPLIED TRAINING

Tsybanyuk O., Liasota T. (Ukraine)

POTENTIAL POSSIBILITIES OF CREATIVE USE OF IDEAS OF PHYSICAL EDUCATION ORGANIZATION OF ROMANIAN SCHOOLCHILDREN IN THE MODERN UKRAINE EDUCATION SYSTEM

Ţugulan C.J. (Romania)

DEVELOPMENT OF COORDINATION ABILITIES IN SECONDARY SCHOOL STUDENTS BY USING THE MEANS OF RHYTHMIC GYMNASTICS IN PHYSICAL EDUCATION AND SPORTS LESSONS

Volcu G. (Moldova)

STUDY ON THE PROFESSIONAL EMPLOYMENT OF HIGHER EDUCATION GRADUATES OF PHYSICAL EDUCATION AND SPORT IN THE REPUBLIC OF MOLDOVA

Volcu I. (Moldova)

CREATIVE ATTITUDES - IMPORTANT ASPECT IN THE TRAINING PROCESS OF SPECIALISTS IN THE FIELD OF PHYSICAL EDUCATION AND SPORT

Zvonař M., Ružbarský, P., Perič T., Sedlacek J., Dolezajova L., Zitna V. (Slovakia)

SLOVAK NATIONWIDE TESTING OF PHYSICAL INDICATORS AND MOVEMENT PREREQUISITES OF 1ST GRADE ELEMENTARY SCHOOL STUDENTS



Innovative technologies and the scientific and methodical fundaments of the contemporary training system of athletes (conference room no. 138)

Moderators: Constantin Ciorbă Sergiu Sîrghi

Barbas I., Gioftsidou A., Malliou P. (Greece)
WRESTLING ATHLETES TRAINING CHALLENGES (WATCH) –
PREVENTION EXERCISES

Ciorbă C. (Moldova), Dîncă A. (România) CLASSIFICATION OF GAME ACTIONS OF FOOTBALL PLAYERS ON THE POST OF GOALKEEPER

Conohova T. (Moldova)

STUDY OF THE PROCESS OF TECHNICAL TRAINING OF JUNIOR WOMEN IN VOLLEYBALL

Craijdan O. (Moldova)

THE IMPORTANCE OF THE ARTISTIC COMPONENT IN THE PREPARATION OF COMPETITIVE COMPOSITIONS IN RHYTHMIC GYMNASTICS

Ganchar I. (Ukraine), Ganciar A. (Ukraine), Shevchenko R. (Ukraine), Ciorbă C. (Moldova), Medynskyi S. (Ukraine), Penyazenko V. (Ukraine), Yegoshin Y. (Ukraine), Kuznetsov A. (Ukraine), Kostiyshov A. (Ukraine) OVERVIEW OF THE LEVEL OF FORMATION OF SWIMMING SKILLS AMONG THE WINNERS OF THE XX WORLD AQUATICS CHAMPIONSHIPS (FUKUOKA-2023)

Gospodin I.C. (Romania)

THE USE OF VIRTUAL REALITY IN JOIN MOVEMENT OF ADHESIVE CAPSULITES



Huţuleac L.I. (Romania)

DEVELOPMENT OF SPEED MOTOR QUALITY IN THE SPORTS TRAINING PROGRAM FOR HIGH SCHOOL STUDENTS THROUGH THE GAME OF HANDBALL

Korobeynikov G. (Ukraine, Germany), Korobeinikova L. (Ukraine, Germany), Raab M. (Germany), Korobeinikova I. (Ukraine, Germany), Kohanevich A. (Ukraine)

FUNCTIONAL STATE IN YOUNG WRESTLERS

Manolachi V.V., Mruţ I., Manolachi V.G., Postolachi A. (Moldova)
METROLOGICAL EVALUATION OF TWO METHODS FOR
DETERMINING THE INDICATORS OF PHYSICAL FITNESS OF
WRESTLERS

Mocrousov E. (Moldova)

THEORETICAL AND METHODOLOGICAL FOUNDATIONS OF TRAINING HIGHLY QUALIFIED FEMALE TABLE TENNIS ATHLETES BASED ON OPTIMAL SELECTION OF TRAINING INFLUENCES

Polevaia-Secăreanu A. (Moldova), Secăreanu V. (Moldova), Ionescu M.L. (Romania), Oancea G. (Romania)

THE IMPORTANCE OF THE METHOD OF PLAY IN THE DEVELOPMENT OF PSYCHOMOTOR SKILLS IN ATHLETES PRACTICING CHANBARA

Scorțenschi D., Diacenco E. (Moldova)

INNOVATIVE APPROACH TO TEACHING CHILDREN SWIMMING USING THE "BACK FLOAT WITH 'NOODLES' METHOD"

Sîrghi S., Carp I. (Moldova)

TECHNICAL TRAINING OF JUNIOR FOOTBALL PLAYERS IN AN ANNUAL TRAINING CYCLE

Tăbîrța V., Feraru V. (Moldova)

STRUCTURE OF THE TRAINING PROCESS FOR QUALIFIED RUGBY PLAYERS





Timnea A.C. (Romania)

ANALYSIS OF EFFORT ZONES PARAMETERS DURING FOOTBALL TRAINING IN 6-8-YEAR OLD CHILDREN

Wang Wei (China), Kozlova E. (Ukraine) MOTOR ACTION CONTROL IN THE PROCESS OF TECHNICAL TRAINING OF SKILLED LONG JUMPERS





Sports medicine, kinesiotherapy and recreational physical culture (conference room no. 138)

Moderators: Mihail Onoi Aurica Zavalișca

Bosancu A. (Romania)

ANALYSIS OF THE LEVEL OF SOMATO-FUNCTIONAL DEVELOPMENT AMONG CHILDREN WITH CEREBRAL PALSY IN PRIMARY GRADES

Chernii V., Shevchenko O. (Ukraine)

MODERN TECHNOLOGIES FOR PROGRAMMING HEALTH CLASSES FOR STUDENTS WITH EXCESS BODY WEIGHT

Delipovici I., Deleu I. (Moldova)

THE IMPORTANCE OF THE VITAMIN D AND ITS EFFECTS ON THE HUMAN ORGANISM

Dudnic, E., Dudnic N. (Moldova) ANTI-DOPING CONTROL IN SPORTS

Hakman A., Balatska L., Duditska S., Hnes N. (Ukraine)
THE EFFECT OF CROSSFIT ENGAGEMENT ON THE BODY MASS OF
MATURE MEN

Gospodin I.C. (Romania)

THE UNIQUE INTERACTION BETWEEN VIRTUAL REALITY AND PHYSICAL THERAPY IN RECOVERY OF THE ADHESIVE CAPSULE

Grosu M., Mindrigan V., Nicolaiciuc N., Borzin I. (Moldova) ANALYSIS OF THE MOTIVATION FACTORS OF THE PRACTICE OF TOURIST ACTIVITIES BY ADOLESCENTS

Mileakova E., Vashenko M., Dorgan V. (Moldova)
FOUNDATIONS FOR STUDY OF ADAPTATION OF CHILDREN
AGED 3-6 YEARS IN THE SYSTEM OF RECREATIVE AND HEALTHY
SWIMMING





Moroşan I., Moroşan R. (Moldova)

EVALUATION OF THE ANNUAL DYNAMICS OF THE INDICATORS PHYSICAL DEVELOPMENT OF 10-11 YEAR - OLD STUDENTS

Moroșan R., Moroșan I. (Moldova)

THE ROLE OF THE CONTRAST SHOWER IN ADAPTATION TO THE BODY IN THE COLD

Mykhaliuk Y., Horokhovskyi Y., Bosenko A. (Ukraine)

OCCURRENCE OF THE "T-INFANTILE" PHENOMENON AND ITS AUTONOMIC SUPPORT IN YOUNG ATHLETES

Nicolaiciuc N. (Moldova)

THE DEVELOPMENT OF STUDENTS' MOTOR SKILLS IN THE DISCIPLINE OF HIKING TOURISM, IN THE CONTEXT OF THE IMPLEMENTATION OF THE NEW PHYSICAL EDUCATION CURRICULUM IN THE REPUBLIC OF MOLDOVA

Petrușca R.N. (Romania)

FREE TIME AND SPORTS-RECREATION MOVEMENT ACTIVITIES

Povestca L. (Moldova)

DEVELOPMENT OF MUSCLE STRENGTH IN WOMEN 20-35 YEARS BY APPLYING MEANS FROM FITNESS

Pozînărea R.-M., Dumitru R.-C. (Romania)

THE ROLE OF FITNESS PROGRAMMES IN REDUCING OVERWEIGHT IN SECONDARY SCHOOL STUDENTS

Tătaru A., Gîrlea N. (Moldova)

STUDIES ON COGNITIVE DISORTION TO ATHLETES

Vizitiu, E., Scheuleac, A. (Romania)

OPTIMIZING THE FITNESS LEVEL IN ADULTS THROUGH THE CIRCUIT METHOD

Zavalisca A. (Moldova), Gheorghian I. (Romania)

NEW TRENDS IN FUNCTIONAL KYPHOSES RECOVERY



WORKSHOP

Sports, Health, and Fitness (ICCR 2023)

(conference room no. 201)

Moderators: Gina Aurora Necula Natalia Nastas

Anton N.-C., Marin A.I. (Romania)

EXPERIMENTAL ARGUMENTATION OF THE EFFECTIVENESS OF SPORTS TRAINING FOR FOOTBALL PLAYER PUPILS AGED 12-14 YEARS

Dina G. V. (Romania)

SENSORY COMMUNICATION IN THE FORMATION OF MOTOR SKILLS

Dobra A.I. (Romania)

IMPROVING THE PSYCHOMOTOR POTENTIAL OF SECONDARY SCHOOL PUPILS THROUGH THE HANDBALL GAME MEANS

Grosu M. (Moldova)

HARMONIZING THE SOCIO-AFFECTIVE CLIMATE IN THE TEENAGE GROUP THROUGH TOURIST ACTIVITIES

Hilițanu R. (Romania)

MAXIMIZING ATHLETIC POTENTIAL: THE ROLE OF CROSSFIT IN JUDO TRAINING

Huțuleac L.I. (Romania), Calugher V. (Moldova), Ionescu M.L. (Romania)

THE DEVELOPMENT OF SPEED MOTOR QUALITY IN HIGH SCHOOL STUDENTS THROUGH HANDBALL GAME

Leșco V. (Moldova)

WAYS TO STRENGTHEN THE SCHOOL-FAMILY EDUCATIONAL PARTNERSHIP IN THE PHYSICAL EDUCATION OF PRIMARY SCHOOL STUDENTS





Mihai I. (Romania)

PSYCHOMOTOR AND FUNCTIONAL DEVELOPMENT OF SECONDARY SCHOOL PUPILS THROUGH AQUA-FITNESS MEANS

Nastas N., Onoi M., Lungu E. (Moldova)

THE ROLE OF FOREIGN LANGUAGES IN THE PROFESSIONAL TRAINING OF SPORTS TOURISM SPECIALISTS

Popescu D.L. (Romania)

CITIZENS' RECREATION THROUGH APPLICATION OF THE MEANS OF WUSHU AND BENEFITS OBTAINED

Popescu I., Popescu M.V. (Romania)

MASSAGE THERAPY AS A COMPLEMENTARY METHOD IN THE RECOVERY OF LOW BACK DISORDERS

Pozînărea R.-M., Dumitru R. C. (România)

REDUCING OVERWEIGHT IN HIGH SCHOOL STUDENTS THROUGH FITNESS

Razmireţ V. (Moldova)

THE CONTRIBUTION OF PHYSICAL EDUCATION IN CORRECTING DYSGRAPHIA IN PRIMARY SCHOOL PUPILS

Rusnac F. (Moldova)

ETHICAL AND MORAL ASPECTS IN PRACTICE CLINIC OF PHYSIOTHERAPISTS

Samoliuc O., Ceban T. (Moldova)

THE EFFECT OF YOGA CLASSES ON STRENGTH INDICATORS IN WOMEN 35-40 YEARS OLD

Tachii D. (Moldova)

INTEGRATED TRAINING OF SAMBISTS AGED 13-14 IN THE PRE-COMPETITION PERIOD BASED ON THE INTERVAL TECHNIQUE

Udroiu M. (Romania), Bragarenco N. (Moldova)

DESIGNING AND SCHEDULING THE CONTENT OF THE RUGBY GAME IN THE PHYSYCAL EDUCATION LESSON FOR HLGH SCHOOL STUDENTS





WORKSHOP

Ultrasonographic examination in musculoskeletal disorders (conference room no. 105)

Moderators: Eugeniu Agapii Serghei Racu

Trainer: dr. orthopedic traumatologist Nicolae Mihalache





SATURDAY, September 30, 2023

10:00 a.m. – 12:00 p.m.

Keynotes Presentations

| Martin Zvonar, Czech Republic | Dean of Sport Studies Faculty of Masaryk University of Brno |
|---|--|
| Dan Iulian Alexe, Romania | Dean of Faculty of Movement, Sports and Health Sciences, "Vasile Alecsandri" University of Bacau |
| Gheorghe Braniște, Republic of Moldova | Prorector, State University of Physical Education and Sport |
| Angela Polevaia- Secăreanu, Republic of Moldova | State University of Physical Education and Sport |
| Mihail Onoi, Republic of Moldova | Dean of Physical Education and Sports Faculty, State University of Physical Education and Sport |



