



**CONFERENCE
PROGRAM**

Thursday, 12 October, 2023 – “A” Hall (HYBRID)

08.30-09.30 - **Registration of the participants**

09.30 **Welcome and Introduction**

- 10.15
- Opening speech by the representative Ministry of Health of Republic of Moldova (MH)
 - Opening speech by the representative of the Parliamentary commission in the social and medical field
 - Opening speech by the representative of the Nicolae Testemitanu State University of Medicine and Pharmacy (SUMP)
 - Opening speech by the representative of the Society of Psychiatrists, Narcologists, Psychotherapists and Clinical Psychologists of the Republic of Moldova (SPNPPC)
 - Opening speech by the representative of the Mental Health Association of South-Eastern Europe (MHASEE)
 - Opening speech by representative of the Swiss Cooperation Office in the Republic of Moldova - Victoria Condrat, local manager of the Moldovan-Swiss project MENSANA - "Support for the reform of mental health services in Moldova".

10.15 **Keynote lecture: Problem Management Plus (PM+): Psychological help for adults in communities exposed to**
11.00 **adversity - Marit Sijbrandij (Netherlands)**

11.00 - 11.15 *Coffee Break (E-posters view session)*

11.15 **Thematic Session: Opportunities and challenges in the recovery of patients with schizophrenia**

- 12.30
- The balance between efficacy and safety of therapy in patients with schizophrenia - **Ion Cosciug (Moldova), Mirela Manea (Romania)**

Chair: Ion Cosciug (Moldova)

12.30 **Keynote lecture: Transgenerational effects of the traumatic events - Jutta Lindert (Germany)**

13.15

13.15 - 14.00 *Lunch Break (E-posters view session)*

14.00 **Thematic Session: Interdisciplinary approach to neurocognitive disorders**

- 15.00
- Management of cognitive and non-cognitive impairments in dementia - **Ion Cosciug (Moldova), Inga Deliv (Moldova)**

Chair: Jana Chihai (Moldova)

15.00 **Thematic Session: Mood and psychotic disorders – current approaches**

- 16.45
- New trends and modern approach in schizophrenia – **Valentin Oprea (Moldova)**
 - Anxiety – a progressive condition of humanitarian crises - **Jana Chihai, Alina Bologan (Moldova)**

Chair: Jana Chihai (Moldova)

16.45 - 17.00 *Coffee Break (E-posters view session)*

Keynote lectures - Chairs: Howard Goldman (USA), Mihail Cristian Pirlog (Romania)

17.00 **Reflections on the Importance of Services for Families of Adults with Serious Mental Illness - Lisa Dixon (USA)**

18.00

18.00

19.00

Social determinants of Health and Sequelae of Trauma - Robert Drake (USA)

Thursday, 12 October, 2023 – “B” Hall (HYBRID)

11.15 **Thematic Session: Recovery intervention in mental health**

- 12.30
- Recovery: The seven Cs: requirements for care of people with severe mental illness outside psychiatric facilities – **Anastasia Ceban, Victoria Levinschi, Rodica Lupu, Cristina Russu, Xenia Stupac (Moldova)**
 - What does community care for people with severe mental illness require? - **Eugenia Staver, Ivan Vasiloi (Moldova)**
 - FACT and ACT Models – differences and opportunities – **Radislav Cosulean, Victoria Garstea (Moldova)**
 - Case management in mental health – **Corina Babii, Angela Zaiat (Moldova)**

Chair: Alina Bologan (Moldova)

14.00 **Workshop:**

16.45 **Healing and transformation of trauma - from catastrophizing to happiness**

Moderator: Cornelia Adeola (Moldova)

Friday, 13 October, 2023 – "A" Hall (HYBRID)

- 09.00 **Plenary Session: Mental health system in reform – needs, challenges and opportunities.**
10.00
- Eight years of mental health reform in Moldova - **Laura Shields** (Netherlands) **Jana Chihai** (Moldova)
 - Managing a Mental Health development project in times of war - **Heiko Konigstein** (Germany)

Chair: Jana Chihai (Moldova)

- 10.00 **Symposium: Mental Health Reform for Child and adolescent in Belgium**
11.00
- The new mental health policy for children and adolescents in Belgium - **Bernard Jacob** (Belgium), **Karolien Weemaes** (Belgium)

Chair: Jana Chihai (Moldova)

11.00 - 11.30 Coffee Break (E-posters view session)

- 11.30 **Thematic Session: Current challenges in the therapy of mental health conditions**
13.30
- Neurobiological and Treatment Advances of Obsessive-Compulsive Disorder - **Mohamed ElWasify** (Egypt)
 - Development of a mixed mystical-paranoid delusion - **Daciana Elena Pintilie** (Romania)
 - Clinical case series of patients with drug resistant paranoid schizophrenia showing improvement in positive and negative symptoms after rTMS treatment - **Dancho Dilkov, Galina Dimitrova, Teodora Nikolova** (Bulgaria)
 - The incidence of psychiatric pathologies in hospitals without psychiatric wards - **Dragos Ovidiu Alexandru** (Romania)
 - Courage, humbleness, forgiveness and dedication - Four fundamental psycho-noetic functions in the psychopathological approach to mental disorders - **Petre Radescu** (Romania)
 - Trauma and Mind Control - **Mihai Mutica** (Romania)

Chair: Mihail Cristian Pirlog (Romania)

13.30 - 14.30 Lunch Break (E-posters view session)

- 14.30 **Thematic Session: Current challenges in the mental health services and research**
16.00
- WPA Global Guidelines for Telepsychiatry - **Davor Mucic** (Denmark)
 - Is it possible to do innovative research in mental health? The story of the DIAPASON project in Italy – **Giovanni di Girolamo** (Italy)
 - Barriers and motivators for accessing psychological support services in Romanian companies – **Mihai Bran** (Romania)
 - Treating anxiety - from old to new approaches – **Pedro Morgado** (Portugal)

Chair: Andrei Eșanu (Moldova)

- 16.00 **Keynote lectures - Chairs: Howard Goldman** (USA), **Mihail Cristian Pirlog** (Romania)
16:45 Aspects of interactions between Post-Traumatic Stress Disorder and medical illness - **Delia Hendrick** (USA)

16.45 - 17.00 Coffee Break (E-posters view session)

- 17.00 Advice from a Journal Editor on Publishing in Scholarly Journals - **Howard Goldman** (USA)
18.00
18.00 Biological models for psychosis and clinical course in schizophrenia - **Donald Goff** (USA)
19.00

Friday, 13 October, 2023 – "B" Hall (HYBRID)

- 09.00 **Thematic Session: Alcohol and substances abuse and trauma**
10.00
- Differences in level of affiliation to Alcoholics Anonymous (AA) Organization in individuals who attend AA meetings in Romania - a mixed methods research - **Adriana Lavinia Bulumac** (Romania)
 - Drug use between deviant behavior and rational choice models - **Sonila Tivari Bitri, Entela Puca, Esmeralda Thoma, Nereida Xhabija** (Albania)
 - From *Anorexia mirabilis* to ideal, media - conforming self-image - **GN Ciobanu-Haşovschi, G Ștefănescu, C Ștefănescu** (Romania)
 - Is controlled drinking a goal for substance use disorder? - **Silvia Stănescu, Lavinia Duica** (Romania)
 - Psychological and clinical-evolutionary aspects of alcohol addiction in women - **Valentin Oprea, Dorin Jelaga, Ghenadie Zaporojan, Stela Oprea** (Moldova)

Chair: Mihail Cristian Pirlog (Romania)

- 10.00 **Thematic Session: Mental health services in Eastern Europe**
11.00
- Joint Action Implemental - What needs to be changed to improve the Mental Health system in Bulgaria? **Vladimir Nakov, Romyana Dinolova, Zahari Zarkov, Dafinka Stoilova** (Bulgaria)
 - Towards a balanced model of mental health care - an example from Croatia – **Roberto Muzic, Ana Istvanovic, Danijela Stimac-Grbic, Ivana Pavic-Simetin** (Croatia)
 - Italy syndrome in Romania - **Laura Constantin-Malinoiu** (Romania)
 - Self-esteem and vulnerabilities of Romanians - **Lavinia Duica** (Romania)

Chair: Vladimir Nakov (Bulgaria)

- 11.30 **Thematic Session: Quality assessment of mental health services**
- 12.30
- Assessing and improving the quality of services in psychiatric institutions - **Raluca Nica (Romania)**
 - From traditional institutions to assertive community services. Modern shifts in mental health - **Tiberiu Rotaru (Romania)**
 - Implementation of Article 110 of the Criminal Code in the Romanian psychiatric system - **Ciprian Bacila, Mihaela Tanase (Romania)**

Chair: Cristina Nestor (Moldova)

- 12.30 **Thematic Session: New trends in the treatment of mental disorders**
- 13.30
- Problem Management Plus (PM+) Intervention - Implementation in Moldova – **Lilia Damaschin (Moldova)**
 - Biological mechanisms of avolition and anhedonia in schizophrenia: the reward circuit - **Ina Buga, Cornelia Zincenco, Lidia Sanduleac, Inga Deliv (Moldova)**
 - Therapeutic interventions in hypochondria - **Tudor Titorog, Anatol Nacu (Moldova)**
 - Stress and trauma: catalysts of mood disorder development - **Dorin Jelaga, Valentin Oprea, Mihaela Belous, Lidia Sanduleac (Moldova)**

Chair: Valentin Oprea (Moldova)

- 14.30 **Thematic Session: Advancing mental health: from psychedelics to psychotherapy, and beyond**
- 16.00
- Psychedelics and the future therapies for anxiety disorders and PTSD - **Alexandra Bolos, Cristina Nedelcu, Corina Alexinschi, Nicoleta Bobutanu, Ovidiu Alexinschi (Romania)**
 - The mirage of new psychoactive substances and the dream factory - **Ovidiu Alexinschi, Cristina Nedelcu, Corina Alexinschi, Nicoleta Bobutanu, Alexandra Bolos (Romania)**
 - The value of some affective parameters in the additional treatment with estradiol in schizophrenia - **Igor Nastas (Moldova)**
 - BPD - The impact on carers, friends, and communication - **Cornelia Adeola, Radislav Cosulean, Jana Chihai (Moldova)**
 - The role of psychotherapy in the treatment of psychosomatic disorders - **Mariana Cernitanu (Moldova)**

Chair: Mariana Cernitanu (Moldova)

- 16:00 **Thematic Session: Psychological intervention in traumatic events**
- 16:45
- Emotional regulation in Cognitive-Behavioral Therapy - **Raluca Nica (Romania)**
 - Cognitive-Behavioral Therapy tools to work with body-image in (pre)adolescent girls - **Diana Stanculeanu (Romania)**

Chair: Jana Chihai (Moldova)

Saturday, 14 October, 2023 – “A” Hall (HYBRID)

- 09.00
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09.45
- MHASEE Symposium: A glimpse over the mental health in Eastern Europe**
- Challenges in Service Provision for Adolescents - **Ariel Como** (Albania)
 - Burnout, depression and suicide - self-care as a professional imperative **Vladimir Nakov** (Bulgaria)
 - Cognitive-behavioral interventions to enhance help-seeking behavior to reduce suicide in teenagers – a pilot project in Yamagata, Japan - **Hiroaki Ambo** (Japan)

Chair: Mihail Cristian Pirlog (Romania)

- 09.45
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11:00
- Symposium: Mental health services during wartime**
- Mental health services for the population affected by Russian aggression - **Krystyna Vysotska** (Ukraine)
 - Training interventions for Ukrainian MH professionals for better treatment of people with PTSD - **Jonathan Rolfe** (UK)
 - Setting up youth-friendly spaces and supporting families of Internally Displaced people near the front line - **Denis Vasiluk** (Ukraine)

Chair: Cornelia Ciofu (Germany)

11.00 - 11.30 Coffee Break (E-posters view session)

- 11.30
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12.15
- Keynote lecture: Psychiatry's contribution to the stigma of schizophrenia** - **Heinz Katschnig** (Austria)

- 12.15
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13.30
- Symposium: The Main Challenges in Mental Health Reform – Poland, Georgia, Serbia**
- Mental Health in Poland: Challenges, Reform, and Access to Care - **Katarzyna Kinga Kowalczyk** (Poland)
 - Mental Health in Georgia - **Eka Chkonia** (Georgia)
 - Mental Health in Serbia: Challenges in addiction prevention, treatment and research - **Igor Pantic** (Serbia)

Chair: Grigore Garaz (Moldova)

13.30 - 14.00 Coffee Break (E-posters view session)

- 14.00
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14.45
- Keynote lecture: How predictable is suicide risk?** - **Michael Davidson** (Israel)

- 14.45
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16.00
- EPA Symposium: Mental health and well-being for all: building a world in which mental health is valued, promoted and protected**
- Harmonizing practices and strengthening the collaboration of psychiatrists from different European regions - **Martina Rojnic Kuzman** (Croatia)
 - Ethical dilemma in Psychiatry - **Eka Chkonia** (Georgia)

Chair: Jana Chihai (Moldova)

16.00 - 16.30 Coffee Break (E-posters view session)

- 16.30
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17.30
- Thematic Session: Mental health conditions and gender-related issues**
- Electroconvulsive therapy – necessity in the therapeutic management of treatment-resistant psychiatric pathology - **Claudia Anghel** (Romania)
 - Counselling, accompaniment and psychotherapeutic interventions before, during and after pregnancy - Highlights from six case studies - **Petre Radescu** (Romania)
 - Moringa Oleifera as adjuvant therapy during pregnancy and breastfeeding - **Larisa Boronin, Igor Nastas** (Moldova)
 - Possible risks of using medicinal plants as adjuvant therapy during pregnancy and lactation in mental patients - **Larisa Boronin, Igor Nastas** (Moldova)

Chair: Igor Nastas (Moldova)

Sunday, 15 October, 2023 – “A” Hall (HYBRID)

09.00 **Workshop:**
The Trilogos Method in practice – A Workshop on Personality Training and Consciousness Development
10.45 **Moderator: Michael Noah Weiss (Norway)**

10.45 - 11.15 *Coffee Break (E-posters view session)*

11.15 **Keynote lecture: Innovation by Intuition – How the Trilogos Method can inspire scholars in their R&D**
12.00 **processes - Michael Noah Weiss (Norway)**

12.00 **Thematic Session: Mental health issues during childhood and adolescence**

- 13.30 • Stress and diabetes in young adulthood. Risk factors, prevention and quality of life - **Svetlana Dimitrova (Bulgaria)**
- Psychological trauma and suicide in children and adolescents - **Cornelia Zincenco, Ina Buga, Lidia Sanduleac, Victoria Țapeș, Inga Deliv (Moldova)**
- Genetics of attention deficit hyperactivity disorder - **Victoria Țapeș, Cornelia Zincenco, Inga Deliv (Moldova)**
- Effects of therapeutic interventions in the socio-emotional profile of adolescents coming from single-parent families - **Alina State Pătrașcu (Moldova)**
- Therapeutic strategies for reducing aggression and self-mutilation in children with autism - **Mihaela Belous, Anatolie Nacu, Dorin Jelaga, Lidia Sanduleac (Moldova)**

Chair: Grigore Garaz (Moldova)

13.30 - 14.30 *Lunch Break (E-posters view session)*

14.30 **Thematic Session: Unraveling the Complex Interplay in Mental Health: Insights from Diverse**
15.30 **Perspectives**

- Pathologic role of SARS-COV2 infection in mood disorders - **Maria Filimon, Anatol Nacu (Moldova)**
- Sexual trauma impact on gynecologic oncology cases - **Lidia Sanduleac, Mihaela Belous, Dorin Jelaga, Inga Deliv (Moldova)**
- Depression and related sleep disorders. comorbidity analysis - **Mihaela Belous, Anatolie Nacu, Dorin Jelaga, Lidia Sanduleac (Moldova)**

Chair: Igor Nastas (Moldova)

15.30 **Thematic Session: Exploring Diverse Perspectives on Mental Health**

- 16.30 • Psychological hindrances after ramp lesion injuries caused in sportive activities - **Ersi Dobi, Neritan Borici (Albania)**
- Relationship between child trauma and criminality of penitentiary detainees – **E. Scaletchii, A. Nacu (Moldova)**
- Heterogeneity of Burnout Syndrome among young psychiatrists from Moldova - **Lidia Sanduleac, Mihaela Belous, Dorin Jelaga (Moldova)**

Chair: Larisa Boronin (Moldova)

16.30 - 17.00 *Closing Ceremony*